

# Culturally Responsive Trauma Informed Management 1 Day Training



If any of the locations or dates on the website are not suitable for yourself or your organisation, there may be the ability to schedule additional dates. Please email [info@yamurrah.com.au](mailto:info@yamurrah.com.au) if you would like to propose other dates or locations.

We will reserve a number of registrations at no cost for community representatives who are supporting and responding to trauma survivors.

To see the available locations and dates, and to register go to:



[www.yamurrah.com.au/training-calendar](http://www.yamurrah.com.au/training-calendar)

## Training Description

This training will give you knowledge and skills for supporting staff, in particular Aboriginal staff from a culturally responsive trauma informed framework.

Content covers neurobiology, Aboriginal worldviews, trauma informed care, structural load and worker wellbeing.

Includes 1 day training and access to a 2 hour online review and coaching session.

## Outcomes

You will walk away from this training with:

- Access to knowledge on how to provide support to teams and staff in a culturally responsive trauma informed way
- Confidence in managing challenging and complex workplace matters including how to have culturally appropriate coaching conversations with staff
- Sound knowledge of workforce obligations and duty of care for Aboriginal staff
- Gain knowledge on how to design culturally responsive trauma informed care services and create a healthy work culture
- Being able to respond to conflict and challenging and complex matters with culturally responsive and trauma informed practices
- Knowledge and an opportunity to demonstrate practical skills
- A good balance of theory, current context and frameworks to support your practice
- Justice driven trauma informed practice tools and skills
- An understanding of how to design your service and provide services in ways that don't re-traumatise people
- Worker wellbeing strategies
- New networks and connections

## Suitable For

Anyone who supports, supervises, leads and manages staff and teams, in particular organisations that have Aboriginal staff.

## Organisational Benefits

- Creating a culturally safe work environment
- Mitigating psychosocial risk in the workplace
- Reducing burn out and vicarious load
- A culturally safe and more accessible service to survivors of trauma
- Staff confidence in being able to respond with trauma informed care
- Increased productivity
- Solidarity and collective care for workforces and trauma survivors

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## Training Locations and Dates

Please note the following dates are available to register for however, they may be subject to change therefore please check the website for the latest details.

Further training package dates will be added on the website periodically.

We acknowledge that the spelling and the name of Country varies. We apologise up front if that causes anyone distress and we are open to feedback.

11 April

Darkinjung

Central Coast

20 June

Gadigal

Sydney

15 August

Ngunnawal/  
Ngarigu

Canberra

Turrbal/Yuggera

19 September

Turrbal and Jagera

Brisbane

Darkinjung

Gadigal

Ngunnawal/Ngarigu

We are open to invitations to other locations.  
If you would like us to come to you, please email  
[info@yamurrah.com.au](mailto:info@yamurrah.com.au)