



Be About it

Friday
1 November
2024

Dharug Country

An extraordinary gala event for all women about it
An enchanting & sensational evening awaits you



*Click
Here*



All proceeds go to
providing free counselling,
legal advice and supports
to survivors & victims of
trauma and abuse.

<https://yamurrah.com.au/product/be-about-it-2024/>



Rise is a non-profit initiative dedicated to providing free counselling, legal advice and a variety of support to survivors of sexual assault and violence and those impacted by suicide, loss, trauma and grief.

Supported by a collective of highly skilled First Nations trauma specialists, legal experts, researchers, academics and clinicians who are trauma informed and hold relevant qualifications in Social Work, Psychology or Human Services.

Under the care of Yamurrah, we support and empower survivors and the community by also offering supervision workshops, training programs, and community events that foster connection, healing, and growth.

Our ultimate goal is to create a safe and inclusive space where victims, survivors, and those impacted by suicide, loss and grief can find solace, strength, and a renewed sense of belonging.

The RISE sponsorship packages describe examples of how the funds will be used, sponsors are welcome to choose the project / where their sponsorship goes towards.

SPONSORSHIP Packages

BRONZE
\$1,000 - \$4,999

- Counselling
- Legal Advice Support
- Support Posters for Services
- Ticket(s) to RISE events to those who would otherwise be unable to attend

SILVER
\$5,000 - \$9,999

- Youth Workshop Package
- Resource Booklets Developed and Printed - Suicide Prevention
- Reflective Journals Printed for Services Providing Counselling

GOLD
\$10,000 - \$19,999

- Event Sponsorship - showcase young artist(s) to perform or contribute to proceeds to provide pro bono support services
- Healing Retreat Sponsorship
- Training for community controlled organisations

Sponsors are acknowledged on our website, social media and printed materials. Gold sponsors are provided a collaboration opportunity, eg. some choose a workshop for their organisation.

Let's Rise Together

Doing your part by supporting us to provide life changing services

Further information on the next page



Further Information

Counselling Sponsorship:

What It Provides: \$150-\$250 would cover the cost of one counselling session for an individual in need. This session would offer them a safe space to address their challenges, seek guidance, service referrals, support, and work towards healing and growth. A package of 10-12 sessions is suggested per client.

Legal Advice Support:

What It Provides: Legal advice ensuring that individuals facing legal challenges can access expert advice and guidance without financial barriers.

Youth Workshop Package:

What It Provides: Workshop specifically tailored for youth to empower young individuals with essential life skills, mental health awareness, and strategies for managing challenges.

Healing Retreat Sponsorship:

What It Provides: You would contribute to organising a healing retreat for survivors of trauma. This retreat would offer them a transformative experience, promoting healing, resilience, and the development of coping strategies.

Journal Sponsorship:

What It Provides: Printing of a journal designed for people who seek support from services tailored to support their emotional journey. This journal offers a safe space for them to express their thoughts, emotions, and important reflections as they work through their healing process. It is also a great tool for clients to relay information to their support provider they've noted that they are often stumped by trauma to recall on the spot during sessions.

Support Posters for Services Sponsorship:

What It Provides: Packs of support posters to various service centres, such as shelters, counselling offices, schools, and community centres. These posters offer valuable information, resources, and helpline numbers to individuals and families seeking help and offers words of encouragement.

Resource Booklets for Suicide Prevention:

What It Provides: Enable the creation and distribution of resource booklets aimed at suicide prevention and mental health awareness. These booklets contain vital information and resources for those in crisis and their support networks.

Event Sponsorship:

What It Provides: Your contribution to a RISE event allows the ability to organise an event with inspiring, empowering and healing aspects for attendees. These events will be organised more and more as we've received a lot of feedback following events in 2023 that these events are important, and we need more of them that they are accessible by clients and community members as well. They provide valuable inspiration, empowerment, and connection.

Some events will offer the opportunity to youth and inspiring artists to showcase their talents, grow their confidence and provide connections to support their journey. Through RISE we have been able to sponsor young artists and continued to connect with and support them.

Please contact us to discuss how you would like to support RISE:
info@yamurrah.com.au