

**Yamurrah**  
Connections with Care

# **Culturally Responsive Trauma Informed Practice**

## **2024 Training Packages**



# Culturally Responsive Trauma Informed Training Packages



**1**

**Culturally Responsive Trauma Informed Practice  
2 Day Training for Aboriginal  
and Torres Strait Islander People**

**2**

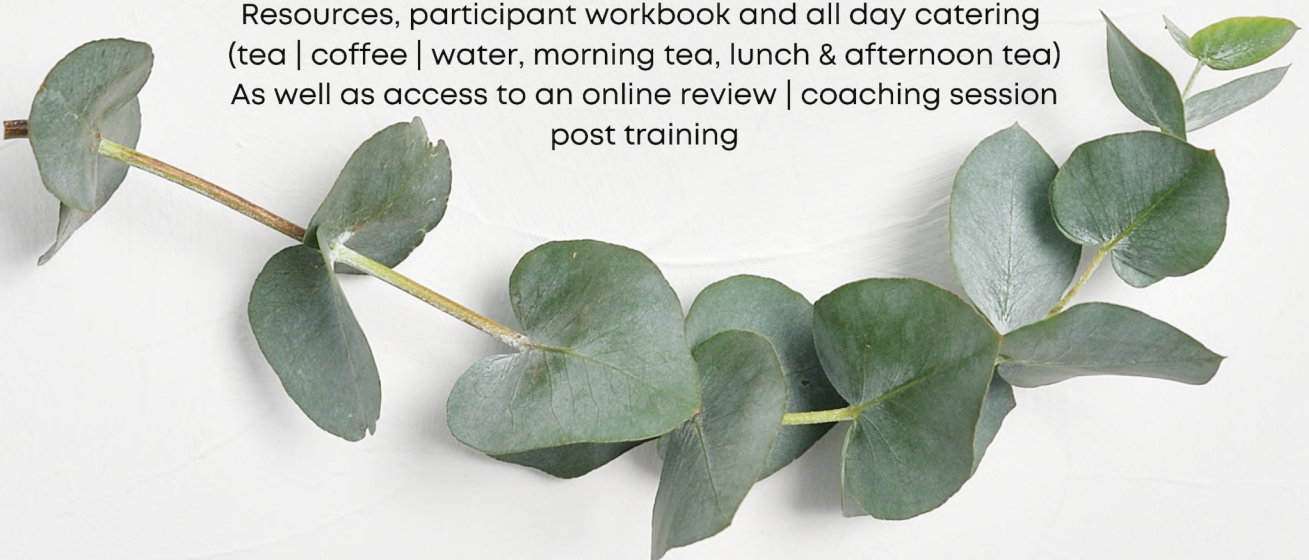
**Culturally Responsive Trauma Informed Practice  
2 Day Training for non-Aboriginal Workers**

**3**

**Culturally Responsive Trauma Informed  
Management 1 Day Training**

## **Included in all training:**

Resources, participant workbook and all day catering  
(tea | coffee | water, morning tea, lunch & afternoon tea)  
As well as access to an online review | coaching session  
post training



# Culturally Responsive Trauma Informed Practice (CRTIP) 2 Day Training for Aboriginal and Torres Strait Islander People



If any of the locations or dates on the website are not suitable for yourself or your organisation, there may be the ability to schedule additional dates. Please email [info@yamurrah.com.au](mailto:info@yamurrah.com.au) if you would like to propose other dates or locations.

We will reserve a number of registrations at no cost for community representatives who are supporting and responding to trauma survivors.

**To see the available locations and dates, and to register go to:**



[www.yamurrah.com.au/training-calendar](http://www.yamurrah.com.au/training-calendar)

## Training Description

This training will give you foundations for working within a culturally responsive trauma informed framework. Content covers neurobiology, Aboriginal worldviews, trauma informed care and worker wellbeing.

## Outcomes

You will walk away from this training with:

- Knowing why and how to provide trauma informed care in a culturally responsive way
- A good balance of theory, current context and frameworks to support your practice
- Justice driven trauma informed practice tools and skills
- An understanding of how to design your service and provide services in ways that don't re-traumatise people
- Worker wellbeing strategies
- New networks and connections



## Suitable For

Everyone who identifies as Aboriginal and / or Torres Strait Islander, in particular workers who are supporting people who have been impacted by trauma or who are responding to disclosures.

This could include: counsellors, child protection specialists, health practitioners, liaison officers, teachers, child care workers, social workers, allied health professionals, reception / administration / support administrators, youth and disability workers, police, court workers, NDIS workers, psychologists, policy workers, doctors, nurses, midwives, lawyers, corrections workers, community workers, child and family workers.

## Organisational Benefits

- Creating a culturally safe work environment
- Mitigating psychosocial risk in the workplace
- Reducing burn out and vicarious load
- A culturally safe and more accessible service to survivors of trauma
- Staff confidence in being able to respond with trauma informed care
- Increased productivity
- Solidarity and collective care for workforces and trauma survivors



# Culturally Responsive Trauma Informed Practice (CRTIP) 2 Day Training for Aboriginal & Torres Strait Islander People

## Training Locations and Dates

Please note the following dates are available to register for however, they may be subject to change therefore please check the website for the latest details.

Further training package dates will be added on the website periodically.

We acknowledge that the spelling and the name of Country varies. We apologise up front if that causes anyone distress and we are open to feedback.

28-29 Feb	Darkinjung	Central Coast
7-8 Mar	Darkinjung	Central Coast
13-14 Mar	Darkinjung	Central Coast
19-20 Mar	Gadigal	Sydney
22-23 Apr	Darkinjung	Central Coast
21-22 May	Dharug	Penrith
18-19 Jun	Gadigal	Sydney
26-27 Jun	Wiradjuri	Dubbo
24-25 Jul	Gamilaroi	Moree
27-28 Aug	Dharawal	Wollongong
24-25 Sep	Turrbal/Jagera	Brisbane, Qld
09-10 Oct	Ngunnawal   Ngarigu	Canberra
23-24 Oct	Dharawal	Campbelltown
21-22 Nov	Juru	Bowen, Qld
28-29 Nov	Gumbaynggirr	Coffs Harbour

Juru

Turrbal/Yuggera

Bundjalung

Gamilaroi

Wiradjuri

Gumbaynggirr

Dharug

Darkinjung

Dharawal Gadigal

Ngunnawal/Ngarigu

Yuin

We are open to invitations to other locations.  
If you would like us to come to you, please email  
[info@yamurrah.com.au](mailto:info@yamurrah.com.au)

# Culturally Responsive Trauma Informed Practice (CRTIP) 2 Day Training for non-Aboriginal Workers



## Training Description

This training will give you foundations for working within a culturally responsive trauma informed framework. Content covers neuro-biology, Aboriginal worldviews, trauma informed care and worker well-being.

## Outcomes

You will walk away from this training with:

- Knowing why and how to provide trauma informed care in a culturally responsive way
- A good balance of theory, current context and frameworks to support your practice
- Justice driven trauma informed practice tools and skills
- An understanding of how to design your service and provide services in ways that don't re-traumatise people
- Worker well-being strategies
- New networks and connections



## Suitable For

Non-Aboriginal and Torres Strait Islander participants, in particular workers who are supporting Aboriginal people and communities who have been impacted by trauma or who are responding to disclosures.

This could include: counsellors, child protection specialists, health practitioners, liaison officers, teachers, child care workers, social workers, allied health professionals, reception / administration / support administrators, youth and disability workers, police, court workers, NDIS workers, psychologists, policy workers, doctors, nurses, midwives, lawyers, corrections workers, community workers, child and family workers.

## Organisational Benefits

- Creating a culturally safe work environment
- Mitigating psychosocial risk in the workplace
- Reducing burn out and vicarious load
- A culturally safe and more accessible service to survivors of trauma
- Staff confidence in being able to respond with trauma informed care
- Increased productivity
- Solidarity and collective care for trauma survivors



If any of the locations or dates on the website are not suitable for yourself or your organisation, there may be the ability to schedule additional dates. Please email [info@yamurrah.com.au](mailto:info@yamurrah.com.au) if you would like to propose other dates or locations.

We will reserve a number of registrations at no cost for volunteers who are supporting and responding to trauma survivors.

**To see the available locations and dates, and to register go to:**



# Culturally Responsive Trauma Informed Practice (CRTIP) 2 Day Training for non-Aboriginal Workers

## Training Locations and Dates

Please note the following dates are available to register for however, they may be subject to change therefore please check the website for the latest details.

Further training package dates will be added on the website periodically.

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5-6 March Darkinjung Central Coast

26-27 March Darkinjung Central Coast

30 Apr - 1 May Gadigal Sydney

29-30 May Dharug Penrith

2-3 September Dharawal Wollongong

30-31 October Dharawal Campbelltown

7-8 November Ngunnawal /  
Ngarigu Canberra

5-6 December Gumbaynggirr Coffs Harbour

Turbal/Yuggera  
Bundjalung

Gumbaynggirr

Dharug Darkinjung

Gadigal

Dharawal  
Ngunnawal  
/Ngarigu

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# Culturally Responsive Trauma Informed Management 1 Day Training



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We will reserve a number of registrations at no cost for community representatives who are supporting and responding to trauma survivors.

To see the available locations and dates, and to register go to:



[www.yamurrah.com.au/training-calendar](http://www.yamurrah.com.au/training-calendar)

## Training Description

This training will give you knowledge and skills for supporting staff, in particular Aboriginal staff from a culturally responsive trauma informed framework.

Content covers neurobiology, Aboriginal worldviews, trauma informed care, structural load and worker wellbeing.

Includes 1 day training and access to a 2 hour online review and coaching session.

## Outcomes

You will walk away from this training with:

- Access to knowledge on how to provide support to teams and staff in a culturally responsive trauma informed way
- Confidence in managing challenging and complex workplace matters including how to have culturally appropriate coaching conversations with staff
- Sound knowledge of workforce obligations and duty of care for Aboriginal staff
- Gain knowledge on how to design culturally responsive trauma informed care services and create a healthy work culture
- Being able to respond to conflict and challenging and complex matters with culturally responsive and trauma informed practices
- Knowledge and an opportunity to demonstrate practical skills
- A good balance of theory, current context and frameworks to support your practice
- Justice driven trauma informed practice tools and skills
- An understanding of how to design your service and provide services in ways that don't re-traumatise people
- Worker wellbeing strategies
- New networks and connections

## Suitable For

Anyone who supports, supervises, leads and manages staff and teams, in particular organisations that have Aboriginal staff.

## Organisational Benefits

- Creating a culturally safe work environment
- Mitigating psychosocial risk in the workplace
- Reducing burn out and vicarious load
- A culturally safe and more accessible service to survivors of trauma
- Staff confidence in being able to respond with trauma informed care
- Increased productivity
- Solidarity and collective care for workforces and trauma survivors

# Culturally Responsive Trauma Informed Management

## Training Locations and Dates

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Further training package dates will be added on the website periodically.

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11 April

Darkinjung

Central  
Coast

20 June

Gadigal

Sydney

15 August

Ngunnawal/ Ngarigu

Canberra

Turrbal/Yuggera

19 September

Turrbal and Jagera

Brisbane

Darkinjung

Gadigal

Ngunnawal/Ngarigu

We are open to invitations to other locations.  
If you would like us to come to you, please email  
[info@yamurrah.com.au](mailto:info@yamurrah.com.au)