Yamurrah
Connections with Care

For group bookings, please email info@yamurrah.com.au and we will register / coordinate for you.

To see the available locations and dates, and to register go to:

www.yamurrah.com.au/training-calendar

2025

Culturally Responsive Trauma Informed Practice

2 Day Training for Aboriginal and Torres Strait Islander People

Training Description

This training will give you foundations for working within a culturally responsive trauma informed framework. Content covers neurobiology, Aboriginal worldviews, trauma informed care and worker wellbeing.

Outcomes

You will walk away from this training with:

- Knowing why and how to provide trauma informed care in a culturally responsive way
- A good balance of theory, current context and frameworks, skills & practice tools to support your practice
- Justice driven trauma informed practice tools and skills
- An understanding of how to design and provide your service in ways that don't re-traumatise people
- Worker wellbeing strategies | New networks and connections

Suitable For

Everyone who identifies as Aboriginal and / or Torres Strait Islander, in particular workers who are supporting people who have been impacted by trauma or who are responding to disclosures.

This could include: counsellors, child protection specialists, health practitioners, liaison officers, teachers, child care workers, social workers, allied health professionals, reception / administration / support administrators, youth and disability workers, police, court workers, NDIS workers, psychologists, policy workers, doctors, nurses, midwives, lawyers, corrections workers, community workers, child and family workers.

Organisational Benefits

- Creating a culturally safe work environment
- Alleviating psychosocial risk in the workplace
- Reducing burn out and vicarious load
- A culturally safe and more accessible service to survivors of trauma
- Staff confidence in being able to respond with trauma informed care
- Increased productivity
- Solidarity and collective care for workforces and trauma survivors