

# Culturally Responsive Trauma Informed Practice

2 Day Training for non-Aboriginal Workers



For group bookings, please email [info@yamurrah.com.au](mailto:info@yamurrah.com.au) and we will register / coordinate for you.

To see the available locations and dates, and to register go to:



[www.yamurrah.com.au/training-calendar](http://www.yamurrah.com.au/training-calendar)

## Training Description

This training will give you foundations for working within a culturally responsive trauma informed framework. Content covers neuro-biology, Aboriginal worldviews, trauma informed care and worker wellbeing.

## Outcomes

You will walk away from this training with:

- Knowing why and how to provide trauma informed care in a culturally responsive way
- A good balance of theory, current context and frameworks, skills & practice tools to support your practice
- Justice driven trauma informed practice tools and skills
- An understanding of how to design and provide your service in ways that don't re-traumatise people
- Worker wellbeing strategies | New networks and connections



## Suitable For

Non-Aboriginal and Torres Strait Islander participants, in particular workers who are supporting Aboriginal people and communities who have been impacted by trauma or who are responding to disclosures.

This could include: counsellors, child protection specialists, health practitioners, liaison officers, teachers, child care workers, social workers, allied health professionals, reception / administration / support administrators, youth and disability workers, police, court workers, NDIS workers, psychologists, policy workers, doctors, nurses, midwives, lawyers, corrections workers, community workers, child and family workers.

## Organisational Benefits

- Creating a culturally safe work environment
- Mitigating psychosocial risk in the workplace
- Reducing burn out and vicarious load
- A culturally safe and more accessible service to survivors of trauma
- Staff confidence in being able to respond with trauma informed care
- Increased productivity
- Solidarity and collective care for trauma survivors

